

Support Group Information

Adult Diabetes Support Group – Meets on the 2nd Tuesdays of the month from 7:00 p.m. to 9:00 p.m. at the VA WNY Health Care System, 222 Richmond Avenue, Batavia in the Ambulatory Care Area. For more information, contact Michele Gaylord, CDE at 297-1000 ext. 72555. This group is open to the public.
No meeting in Jan and Feb due to the weather

AA – Meets every Monday at Noon, every Monday at 6:30 p.m. at the First Baptist Church, 306 East Main Street, Batavia. Call the First Baptist Church at 343-9002 or 297-1059 for more information.

AA - Meets on Saturday from 10:00 am – 11:00 am at Cary Hall, Batavia. Call Hope Haven at 343-6030.

Alanon – Meets every Wednesday at 7:00 pm at the First Baptist Church, 306 East Main Street, Batavia. Call the First Baptist Church at 343-9002 for more information.

RAP-(Regional Action Phone) – Has more listings for AA, Alanon meetings. Call 585-343-1212

Alzheimer's/Dementia Related Disease Information/Discussion Group – meets every 3rd Wednesday of each month in the Gallery Room at the Richmond Memorial Library 7:00-8:30 pm
For further information, contact Alzheimer's Association – WNY Chapter, 1-800-272-3900.

Alzheimer's/Dementia Related Disease Information/Discussion Group - Brockport Free Methodist Church, 6787 Fourth Section Rd. (Rt. 31), Brockport. 2nd Thursday of every month, 7:00 pm – 8:30 pm. For more information, please contact Alzheimer's Association – Rochester, NY Chapter 585-760-5400.

Alzheimer's/Dementia Related Disease Information/Discussion Group-Men's Caregivers Support Group– For men helping a loved one with dementia. Meets the 1st Tuesday of every month from 7:00 p.m. – 8:30 p.m. at Glenwood Village located at 5271 Main Street, Williamsville, NY. Call Don Sabo at (716) 937-7522 or Alzheimer's Association – WNY Chapter, 1-800-272-3900 for more information.

Anger Management

A 20 week program-an opportunity for anyone in the community to learn skills related to anger management. Participants must attend at least 15 of the 20 sessions. Tuesday's: 5:30 pm to 7:00 pm at Independent Living of Genesee Region 113 Main Street, Batavia. To attend any class, call (585) 815-8501, x 400 in advance.

Bereavement/Grief Support Group- Meets Thursday, 6:30pm at Northgate Free Methodist Church 8160 Bank Street Road, Batavia Call 343-1829 for more information.

Bereavement/Grief Support Group – Brockport Free Methodist Church, 6787 Fourth Section Rd. (Rt. 31), Brockport. 1st Monday of every month, 7pm – 8:30pm. For more information, please contact Mickey at 585-455-5940.

Better Living on the Outside (every week)-Transition program for people previously incarcerated. Must have a disability. Thursday's: 12:00 noon to 1:00 pm at Independent Living of Genesee Region 113 Main Street, Batavia. To attend any class, call (585) 815-8501, x 400 in advance.

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Updated October 31, 2011

For changes or new groups to add, send to ofa@co.genesee.ny.us and we'll update for you!

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Breast Cancer Support Group-meets monthly at Batavia Radiation & Oncology, 262 Bank Street, 5:30pm - 6:30 pm the last Thursday of the month (585) 345-0417.

Caregivers Support Group - For anyone caring for another. Held the 3rd Tuesday at 12:30 p.m. at Java's Coffee Shop located at 24 Main Street, LeRoy, New York. Please call 768-7540 to verify meeting location.

Compassionate Friends, Batavia Chapter – Meets the 3rd Thursday of each month at 7:00 p.m. at the Holland Land Office, 131 West Main Street, Batavia. This group is a non-sectarian, free, and confidential support group for parents and grandparents who have lost a child/grandchild. For more information, contact Pat Wheeler at 219-4570 or 716-601-9648 or check out www.compassionatefriends.org.

Depression/Bipolar Support Group- A group for individuals who cope with Depression and/or Bipolar Disorder. Call (585) 344-2611 for more information.

Domestic Violence Support Group – Preregistration is required by calling the YWCA at 343-5808. Groups meet in 10 week sessions and meeting locations are confidential.

NOTE: 24 hour Domestic Violence Emergency Hot Line 343-7513.

Gamblers Anonymous – Meets every Saturday at 10:00 a.m. at GCASA, 430 East Main Street, Batavia, NY. For more information, contact Sarah Edwards at 815-1853.

Grandparents Support Group - "Time Out for Grandparents" - for anyone who is caring for their grandchildren because the parents are unable. Groups meets the first Monday of each month 6:00 – 7:00 PM at 430 East Main Street, Batavia-2nd floor. Time Out for Grandparents provides an opportunity for seniors to hear how others have dealt with issues as well as learn they are not alone. Participants improve coping skills to help deal with their children's inability to take care of their own children. For more information, contact 585-815-1865.

Life Bridges – Weekly group for individuals 18 and over that provides education, information, mutual support, positive living skills, and encouragement to individuals with ALL types of trauma histories. The group meets on Thursdays from 1:30pm to 3:00pm and 6:15pm to 7:45pm. Call (585) 344-2611 for more information.

Lupus Support Group – Currently does not meet in Genesee County. For further information about area support groups, go to <http://lupusupstateny.org> and type support groups in search field or call (800) 300-4198

Mental Illness Family Support Group- A group for families or friends whose loved one has any type of mental illness. Call (585) 344-2611 for more information.

MICA Support Group – Meets weekly for individuals 18 with a dual diagnosis of mental illness and chemical addiction. Meets 2:30 – 3:30 Fridays at Mental Health Association, 25 Liberty Street, Batavia. Call (585) 344-2611 for more information.

Overeaters Anonymous(OA)- meets 10:00 AM every Tuesday at the First Baptist Church, 306 East Main Street, Batavia. Call the First Baptist Church at 343-9002 for more information.

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Sign Language for Intermediate's

This is an 8-week intermediate class. Participants must have some general knowledge of sign language. Available to anyone in the community who is interested in learning sign language skills. Wednesday's: from 10:00 am to 11:00 am and 11:00 am to 12:00 noon at Independent Living of Genesee Region 113 Main Street, Batavia. To attend any class, call (585) 815-8501, x 400 in advance.

Stroke/TBI Support

Held every other week. Purpose is to support anyone – people with disability, caregiver or advocate – who has experienced a traumatic brain injury or stroke. Monday's: 11:00 am to 12:00 noon at 145 Park Road (Genesee Park Place Apartments Community Room), sponsored by Independent Living of Genesee Region, Batavia. To attend any class, call (585) 815-8501, x 400 in advance.

Survivors of Suicide Support Group – Monthly group designed to help those who have lost a loved one to suicide resolve their grief and pain in their own personal way. Call (585) 344-2611 for more information.

Warm Line – peer to peer phone service operating 7 days each week/365 days per year from 5:30 pm – 8:30 pm to provide emotional support, encouragement, and referrals. (585) 343-1212.

Self – Help Groups

Arthritis Exercise Class – Class meets at the Office for the Aging/Senior Center, 2 Bank Street, Batavia every Monday at 9:30 a.m. Call the Office for the Aging at 343-1611 for more information.

Strong Bones Exercise Class - Class meets at the Office for the Aging/Senior Center, 2 Bank Street, Batavia every Thursday at 10:00 a.m. Call the Office for the Aging at 343-1611 for more information.

“Us Too” Prostate Self-Help Group – meets the 3rd Monday of each month in the Board Room at 7:00 p.m. at United Memorial Medical Center Healthy Living located at 127 North Street, Batavia. Meetings are not held in December, January, February or March. For more information, contact Mike at 768-2166.

If you don't see a support group that you are looking for, call RAP (Regional Action Phone) at (585) 343-1212 or 1-800-359-5727 who may be able to assist you.