

Sleep Services

- Do you or your partner snore loudly?
- Do you have difficulty falling asleep or staying asleep?
- Do you wake up exhausted?
- Do you suffer from morning headaches, irritability, depression and forgetfulness?
- Do you have a history of stroke, heart disease, heartburn/reflux, diabetes, obesity or high blood pressure?

If you answered “yes” to any of these, you may be suffering from a life-altering and potentially life-threatening disorder called Sleep Apnea. These conditions are treatable and we can help.

United Memorial Sleep Services and Sleep & Wellness Centers are proud to offer an AASM-accredited, multi-disciplinary, comprehensive sleep facility. Our board certified specialists and registered sleep technicians can assist you with all of your sleep related problems and concerns.

**For more information, call
1.888.316.1861.**

Quality care right at home—
it’s not just our tagline.

It’s our promise.



United Memorial Sleep Services

229 Summit Street, Suite 6
Batavia NY 14020

Phone: 1.888.316.1861
www.ummc.org

Sleep Services

Helping our community to
sleep better at night.

Dr. Eric Ten Brock, MD, FCCP, FAASM, CBSM
Medical Director, Sleep Medicine

229 Summit Street, Suite 6, Batavia NY 14020



United Memorial

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Sleep & Wellness Centers

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After Your Sleep Study

The results of the test are scored by our registered sleep technicians. They are then analyzed by Dr. Eric Ten Brock, Medical Director, who is board certified by The American Academy of Sleep Medicine and The American Board of Internal Medicine. After review, an official report is drawn up and sent to your doctor. To fully understand the results of your sleep study, their implications, and treatment options, you should meet face-to-face with a health care professional.

If you have any additional questions regarding the testing procedure, or if you would like an order form to be signed by your doctor to schedule an overnight study call our professional staff at 1.888.316.1861.

Comprehensive, quality care
right at home.



Dr. Eric Ten Brock

A sleep study is a painless test which monitors your body's function during sleep. These studies are done to determine what is causing your sleep problems. Tests can vary depending on the specifics of an individual's case. This test records several body functions during sleep, including brain activity, eye movement, oxygen blood level, heart rate and rhythm, breathing rate and rhythm, the flow of air through your mouth and nose, snoring, body muscle movements and effort to breathe.

During your sleep study, you sleep with electrodes and sensors attached to various points on your body including your head and chest. Depending on the type of study prescribed by the doctor, the configurations can be different. While you sleep, these electrodes collect information.

All of our sleep studies are conducted in our non-hospital, hotel-like facilities. The rooms are clean, comfortable and tailored to ensure you have a pleasant stay.

This comprehensive test is just another way we're meeting our patients' needs and providing innovative, quality care...**right at home.**

